














Chocolate and Coffee Drinks

	Hot Chocolate Flavour Drink	041202 7 u./box £ 27.00
	Dark Chocolate Flavour Drink	041203 7 u./box £ 27.00
	Cappuccino Flavour Drink	041204 7 u./box £ 27.00
	Coffee Frappe Flavour Drink	041206 7 u./box £ 27.00
	Assortment of Chocolate and Coffee Flavour Drinks	041298 7 u./box £ 27.00

Cold Drinks








	Orange Flavour Drink	041302 7 u./box £ 27.00
	Coconut Flavour Drink	041304 7 u./box £ 27.00
	Peach Flavour Drink	041305 7 u./box £ 27.00
	Watermelon Flavour Drink	041306 7 u./box £ 27.00
	Assortment of Cold Drinks	041398 7 u./box £ 27.00

Shakes - READY TO EAT

	Chocolate Shake	042301 3 u./box £ 15.00
	Vanilla Shake	042302 3 u./box £ 15.00
	Strawberry Yogurt Drink	042303 2 u./box £ 10.00








Savoury Dishes

	Mixed Herb Omelette	041602 7 u./box £ 27.00
	Cheese Flavour Omelette	041603 7 u./box £ 27.00
	Crepe	041607 7 u./box £ 27.00
	Pizza	041702 7 u./box £ 27.00
	Nuggets	041704 7 u./box £ 27.00
	Bread Roll	041707 7 u./box £ 27.00
	Assortment of Savoury Dishes and Omelettes	041798 7 u./box £ 27.00



Soups and Creams

	Cream of Mushroom Soup	041502 7 u./box £ 27.00
	Cream of Vegetable Soup	041504 7 u./box £ 27.00
	Chicken Curry Flavour Soup	041505 7 u./box £ 27.00
	Chicken Flavour Noodles Soup	041508 7 u./box £ 27.00
	Assortment of Soups and Creams	041598 7 u./box £ 27.00








Bars - READY TO EAT

	Strawberry Yogurt Flavour Bar	042811 5 u./box £ 29.70
	Brownie Flavour Bar	042813 5 u./box £ 29.70
	Chocolate and Raspberry Bar	042814 5 u./box £ 29.70
	Chocolate and Coconut Bar	042815 5 u./box £ 29.70

Mousses - READY TO EAT






	Chocolate Flavour Mousse	042401 4 u./box £ 20.50
	Vanilla Flavour Mousse	042402 4 u./box £ 20.50

Biscuits - READY TO EAT

	Red Fruits Flavour Biscuits	042307 7 u./box £ 28.50
	Orange Flower Flavour Biscuits	042308 7 u./box £ 28.50
	Biscuits and Dark Chocolate Crunch	042325 5 u./box £ 28.50
	Biscuits and Milk Chocolate Crunch	042326 5 u./box £ 28.50
	Biscuits and White Chocolate Crunch	042330 5 u./box £ 28.50
	Hazelnut Flavour Biscuits	043106 5 u./box £ 28.50
	Vanilla Flavour Biscuits	043107 5 u./box £ 28.50










Toasts & Crisps - READY TO EAT

	Melba Toast	042315 5 u./box £ 28.50
	Pizza Flavoured Crisps	042320 5 u./box £ 28.50
	Mediterranean Flavoured Crisps	042321 5 u./box £ 28.50
	Rosemary Flavour Breadstick	042329 5 u./box £ 28.50
	Sesame Flavour Breadstick	042334 5 u./box £ 28.50

Cocktail - READY TO EAT

	Frankfurt Bites Step 2	032901 2 u./box £ 8.50
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Desserts

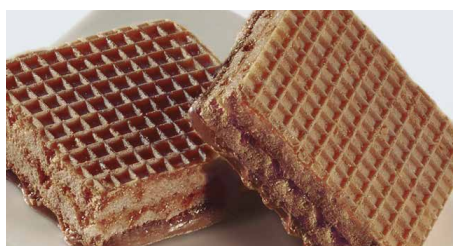
	Vanilla Flavour Dessert	041801 7 u./box £ 27.00
	Chocolate Flavour Dessert	041802 7 u./box £ 27.00
	Pear and Stracciatella Flavour Dessert	041806 7 u./box £ 27.00
	Rice Pudding	041903 7 u./box £ 27.00
	Chocolate Flavour Pie	041906 7 u./box £ 27.00
	Pancake	041907 7 u./box £ 27.00
	Assortment of Desserts	041898 7 u./box £ 27.00








Maintenance - READY TO EAT

Step 4 onwards

	Chocolate and Peanut Flavour Bars	032502 8 u./box £ 29.70
	Chocolate Flavour Bars	032503 8 u./box £ 29.70
	Chocolate Flavour Wafer	032601 7 u./box £ 27.30
	Vanilla Flavour Wafer	032602 7 u./box £ 27.30







Spreads, Sauces & Coulis

	Cocoa and Hazelnut Cream	033301 8 u./box £ 18.60
	Strawberry Flavour Coulis	030117 12 u./box £ 13.10
	Apricot Flavour Coulis	030110 12 u./box £ 13.10
	Mustard	030115 12 u./box £ 13.10
	Ketchup	030116 12 u./box £ 13.10



Other Products








	Ketostix	UK0001 1 u. (50 test strips) £ 8.50
	Mixer	010103 1 u. £ 4.50
	Low-calorie Milk	030102 20 u./pack £ 14.40
	Mint Tablets	030113 25 u./pack £ 6.30

INFORMATION ON EXCHANGING PNK® PRODUCTS

- The cartons must be COMPLETE and in perfect condition, containing all of the original packets.
- Exchanges can only be made within one month of purchase.
- Any costs incurred by the exchange will be borne by the customer.

PRODUCTS THAT DO NOT MEET THESE CONDITIONS WILL NOT BE EXCHANGED.

Supplements

	Omega Balance	030010 4 blisters x 10 cap. £ 31.50
	DHA Vita	030011 6 blisters x 10 cap. £ 45.00
	Sodium	030033 5 blisters x 20 tabs. £ 36.60
	Potassium	030034 8 blisters x 20 tabs. £ 27.90
	Unicomplex Plus	030041 30 sachets £ 46.50
	Supplement Pack Steps 1, 2, 3 Omega Balance: 2 blisters x 10 cap. Sodium: 3 blisters x 20 tabs Unicomplex Plus: 40 sachets	030044 20 days £ 85.50
	Supplement Pack Steps 4, 5 DHA Vita: 4 blisters x 10 cap. Unicomplex Plus: 40 sachets	030045 40 days £ 69.00

HOW DO I PLACE MY ORDER?

BY TELEPHONE OR E-MAIL

Call our team of nutritionist-coaches, who will answer any questions you may have and can take your order over the phone:

0207 183 2391

Alternatively, send us your order by email to

nutritionists@pronokal.co.uk

PronoKal® UK

Once you begin the Pnk® Method, you will have free access to the PronoKal Group® Club, a personalised and exclusive virtual platform for our patients.

NUTRITIONAL ADVICE CENTRE
Call us on **0207 183 2391** or email us at **info@pronokal.co.uk**